**District Wellness Committee**

**Meeting Minutes 5-6-24**

**3:30-4:30**

Committee Members Present: [Joanne Morrison](mailto:jmorrison@pelhamsd.org), Sam Kowal, Garrett Abare, [Kelly LaBonte](mailto:klabonte@pelhamsd.org)

Agenda:

1. Approval of minutes from 1/9/24-
   1. Approval of meeting minutes
2. SMART goal update
   1. Reviewed SMART goal
3. Survey June 2024
   1. Google survey-Joanne will create
   2. Data will be collected to help us move forward
4. Building level update
   1. PES- Wellness Wednesday was successful
   2. PMS-advisory committee took over wellness and Joanne does a wellness tip over the intercom
   3. PHS- we will be welcoming 2 new members next year- still working through things
5. Promoting health and wellness in schools
   1. Healthy snack docs to share with staff
   2. Non food rewards doc to share with staff
6. Healthy Schools Framework
   1. Joanne shared document
7. Health and Wellness Fair
   1. TBD-would be at High School in August (if not this fall, next fall)
8. Other Business
9. Set June date
   1. June 10th 3:30pm-4:30pm at PMS